



Julian Alps Trail Run by UTMB

General Terms and Conditions

ORGANIZATION

Julian Alps Trail Run by UTMB is organized by JATrail, tekaška doživetja in organizacija dogodkov, d.o.o.

Contact: info@trailrun.si

JULIAN ALPS TRAIL RUN BY UTMB RACES

ULTRA TRAIL JULIAN ALPS 170KM: around 170 km with 8,000 meters of elevation gain, starting from Kobarid

ULTRA SKY TRAIL 100KM: around 100 km with 4,400 meters of elevation gain, starting from Radovljica

SKY TRAIL 60KM: 56,3 km with 3,030 meters of elevation gain, starting from Žirovnica

SKY RACE 25KM: around 25 km with 950 meters of elevation gain, starting from Kranjska Gora

SPEED TRAIL 15KM: 16,4 km with 520 meters of elevation gain, starting from Kranjska Gora

FUNNY TRAIL 10KM: 10,6 km with 290 meters of elevation gain, starting from Kranjska Gora.

GENERAL CONDITIONS

- Each runner competes at their own responsibility.
- By paying the registration fee and signing the registration form, the participants accept the terms and conditions and agree to take part at their own risk. (Parents or caregivers accept this responsibility for underage runners by signing the registration form.)
- Runners must be in good physical shape.
- The race will take place in all weather conditions, unless the safety of the runners is at risk (extreme storm ...). In such case the organizing committee will decide upon a back up trail, backup parts of the trail or complete cancellation of the race.
- Due to difficulty of the race, runners under the age of 18 cannot take part in 100 km and 100 miles distances, and runners under the age of 16 cannot take part in 10, 15, 25 and 60 km.
- The trail will be well marked (strips, plates, flags ...). The race staff and volunteers will be present at key points in order to direct the runners.
- Should the route marking be insufficient or missing, runners have to report it at the nearest check point.
- The organizer does not accept liability for any damage or injury made by the competitors to themselves, to other competitors or to a third person.
- The organizer does not accept liability for any damage made to running gear.
- All runners must carry the mandatory gear.

- All runners must follow the marked path. Any use of shortcuts and running out of the marked trail will be punished with immediate disqualification. In case you don't see any route markings for more than 200 meters, go back to the last marking and re-check the possibility of continuing.
- The organizer reserves the right to change the routes.
- By signing up, you allow the processing of your registration data in UTMB World and Alpe Adria Trail Cup databases.
- All runners agree with promotional use of photo and video material from the race.
- We do not return the paid fees. Distance changes are possible only until August 1st 2023. After this date, changes will only be possible at the event in Kranjska Gora (in Vitranc Hall) with an additional fee of 10 € (if you wish to change to a longer distance, there will also be an additional payment in the difference of the registration fee).

PENALTIES AND DISQUALIFICATION

- Failure to follow the marked trail and use of shortcuts (the trail has marked and hidden checkpoints). Each runner must be recorded at all checkpoints. Penalty for missing a checkpoint is 5 hours.
- Incomplete mandatory gear (organizer may at any time verify if runners have all the mandatory gear). Each runner must have and must show the mandatory equipment when asked to do so. Penalty for incomplete mandatory gear is 1 hour for every missing part. If you do not show the equipment, you are disqualified.
- Disposal of trash on the trail or next to it – disqualification.
- Each piece of equipment must be marked with the BIB number (including food reserve).
- Using shortcuts, not following the marked path, coming to a check point or station from the wrong direction results in at least one hour penalty for each irregularity.
- Using transport during the race – disqualification.
- Insulting the organizer or volunteers – disqualification.
- Failing to help a fellow runner in distress – disqualification.
- Proceeding after the time limit – disqualification.
- Disqualification or penalty can be immediate or upon detection of the irregularity.




MANDATORY EQUIPMENT

Mandatory gear is meant for your own safety!

In case of bad weather conditions, the event organizer has the right to prescribe additional mandatory gear, which will be posted right before the start.

Mandatory equipment will be checked at bib pick up. Detailed information will be provided in the Race Guide.

Mandatory equipment may be checked at any point before, during or after the race.

 Mandatory
  Recommended
  Not needed

	10K	15K	25K	60K	100K	170K
* BIB number that must always be visible	Required	Required	Required	Required	Required	Required
Appropriate running shoes	Required	Required	Required	Required	Required	Required
Water reserve for the time between aid stations (1L)	Not Required	Not Required	Required	Required	Required	Required
*Cup (15 cL minimum)	Required	Required	Required	Required	Required	Required
Head lamp	Required	Required	Required	Required	Required	Required
*Additional batteries for your head lamp	Not Required	Not Required	Not Required	Required	Required	Required
Survival blanket (1,40 x 2,0 m minimum)	Not Required	Not Required	Required	Required	Required	Required
*Hooded jacket	Not Required	Not Required	Required	Required	Required	Required
Whistle	Not Required	Not Required	Required	Required	Required	Required
Mobile phone	Required	Required	Required	Required	Required	Required
Food reserve	Not Required	Not Required	Required	Required	Required	Required
*Basic first aid kit	Not Required	Not Required	Required	Required	Required	Required
*Long trousers or leggings	Not Required	Not Required	Required	Required	Required	Required
*Additional warm middle layer	Not Required	Not Required	Required	Required	Required	Required
Hat/buff and gloves	Not Required	Not Required	Required	Required	Required	Required

- * BIB number must be placed at the front of your body, to your T-shirt or a belt.
- * You need to bring your own drinking cup (15 cL minimum). There will be no plastic cups at aid stations, so each runner must provide their own.
- * Headlamp is recommended for 10km and 15km runners with a time limit over 2.5 hours.
- * Additional batteries for your head lamp – you must carry additional batteries or an additional head lamp.
- * Hooded jacket. The jacket must have a hood and must be waterproof.
- * Basic first aid kit, which must have at least one or two gauzes, one elastic bandage and a packet of plasters.
- * Long trousers or leggings, which fully cover your skin.
- * Additional warm middle layer, which covers your arms in full.

RACE BIBS

Race bibs are handed over to each runner at registration, after presentation of a valid personal document (ID card, passport).

The race bib must be worn on the chest or stomach and must remain permanently and completely visible during the whole race. It must always be placed on top of all clothing and must not be positioned on a leg or on the backpack.

Your bib number is the pass to access the buses, aid stations, medical points, rest rooms, showers, bag drop-off or pick-up areas, finisher meal etc. The bib is only withdrawn if the runner refuses to comply with the Race Director's decision.

AID STATIONS

Aid stations are placed along the route approximately every 10 km. A detailed list will be presented in the Race Guide that runners receive before the race.

Aid stations supply drinks and food for consuming in-situ. Runners must have their own reusable cups. The organizer supplies water and energy drinks for filling water bottles/hydration packs. Only runners with a visible and properly placed race bib have access to the aid stations.

CHECKPOINTS

Runners are checked upon arrival at an aid station and at some Mountain Safety Team locations. Unexpected checkpoints are set up along the route. Their location is kept secret.

WAY MARKING

Way markers are made of a reflective material that catches the light from your headlamp, so that you can easily spot them even at night. In case you don't see any route markings for more than 200 meters, go back to the last marking and re-check the possibility of continuing.

We strongly recommend runners to load GPX tracks on their watches or use a GPS app should they find themselves off course or there is a sabotage on the course.

DROP BAGS

Drop bags are available for Ultra Trail Julian Alps 170KM, Ultra Sky Trail 100KM and Sky Trail 60KM.

Runners at **Ultra Trail Julian Alps 170KM** receive **two transition bags and one finisher bag**.

- After filling the transition bags with items of their choice and marking them with the bib number identifier, they deposit them at the **bag drop area in Vitranc Hall, Kranjska Gora, on Friday, 8th September before 9.00**.
- Finisher bag can be dropped either in the Vitranc Hall or at the start of the run in Kobarid.

Transition bags will be transported to aid stations at Soriška planina and Žirovnica, whereas finisher bag will be delivered to the bag pick-up point in Vitranc Hall, Kranjska Gora.

Runners at **Ultra Sky Trail 100KM** receive **one transition bag and one finisher bag**.

- After filling the transition bag with items of their choice and marking it with the bib number identifier, they deposit it at the **bag drop area in Vitranc Hall, Kranjska Gora, on Friday, 8th September, before 18.30**.
- Finisher bag can be dropped either in Vitranc Hall or at the start of the run in Radovljica.

Transition bag will be transported to the aid station in Žirovnica, whereas finisher bag will be delivered to the bag pick-up point in Vitranc Hall, Kranjska Gora.

Runners at **Sky Trail 60KM** receive one **finisher bag**. After filling it with items of their choice and marking it with the bib number identifier, they can deposit it at the bag drop area in Vitranc Hall, Kranjska Gora or at the start of their run in Žirovnica. Finisher bag will be delivered to the bag pick-up point in the Vitranc Hall, Kranjska Gora.

For the bag pick-up the runner must present the race bib. The bags must be retrieved no later than two hours after the end of the race.

The organizer will take the bags of runners who drop out back to Kranjska Gora only if their withdrawal is registered. Due to logistical factors the organizer cannot guarantee that all bags will be brought to Kranjska Gora before the end of the race.

Only bags supplied by the organizer will be transported. The organizer does not take liability for the bags' contents. The service is used at runner's own risk - we recommend that no valuable items are put in the bags. Poles are not allowed in these bags.

TIME LIMITS

ULTRA TRAIL JULIAN ALPS 170KM: 46 h

ULTRA SKY TRAIL 100KM: 30 h

SKY TRAIL 60KM: 15 h

SKY RACE 25KM: 6 h

SPEED TRAIL 15KM: 4 h

FUNNY TRAIL 10KM: 3 h

CUT OFF TIMES

ULTRA TRAIL JULIAN ALPS 170KM:

- 72km (Soriška planina) - 16h
- 90km (Radovljica) - 21h
- 120km (Žirovnica) - 28,5h
- 155km (Dovje) - 42,5h.

ULTRA SKY TRAIL 100KM:

- 56km (Žirovnica) - 14h
- 90km (Dovje) - 25h

All participants excluded from the race who wish to continue the route can only do so after having returned their race bib and do so under their own responsibility and in complete autonomy.

SECURITY & MEDICAL ASSISTANCE

There are several medical stations along the route, which are directly linked to Race Control Centre in Kranjska Gora. There is medical staff at Race Control Centre and at the finish line in Kranjska Gora during the races.

Medical stations are intended to assist any person in danger, with the organisation's own or public means. It is up to the runner in trouble or seriously hurt to call for the help by:

- going to the nearest aid station or Mountain Safety Team location,
- calling Race Control Centre via the phone number on the front of the race bib,
- asking another runner to alert the organisation.

Detailed information will be available in the Race Guide.

Any kind of unexpected events, linked to the environment and the race, could make you wait for help longer than expected. Your safety therefore depends upon the quality of the items that you have put in your pack.

All medical, paramedical, first aid and guide staff, as well as any person appointed by the race direction are able to:

- exclude from the race any participant who is deemed to be unable to continue the event,
- demand to any competitor to use any item of the mandatory equipment,
- evacuate by any means the runners they deem to be in danger,
- refer patients to the most appropriate care structure.

A runner who contacts a doctor or search and rescue staff submits to their authority and agrees to accept their decisions. If a runner's state of health justifies treatment via intravenous drip, the runner shall compulsorily withdraw from the race.

Runners must stay on the marked path, even when they sleep. All runners who voluntarily venture away from the way-marked course are no longer under the responsibility of the organisation.

DROP-OUT & REPATRIATION

Except in case of injury, a runner wishing to withdraw from the race must do so only at a checkpoint/aid station. They must inform the person responsible for the checkpoint and inform Race Control Centre.

If a runner wishes to withdraw while on the route between 2 checkpoints/aid stations, they must reach the nearest checkpoint where they must report their race withdrawal. Runners who drop out must keep their race bib because it is the pass to access buses, meals, treatment rooms etc.

Repatriation works as follows:

- Shuttles are available at some aid stations to take runners who drop out back to Kranjska Gora.
- Runners who drop out at any other checkpoint or aid station, but whose state of health does not require them to be evacuated must return as quickly as possible and by their own means to the nearest point of repatriation (e.g. Stol, Golica).
- As for aid stations or security points accessible by car or 4x4:
 - After the closing of the aid station/security points, the organisation might repatriate any runners who have abandoned and haven't left the aid station yet.
 - In case of bad weather conditions justifying the partial or total stop of the race, the organisation will make sure that all runners are repatriated as soon as possible.

FINISH

Runners who finish the race within the cut-off time, will receive a finisher's medal. Runners also receive a finisher's meal and drink at the designated catering outlet, upon presentation of the race bib.

REST AREA

During the race, runners will have some rest areas in some aid stations, with camp beds and blankets. Details will be provided in the Race Guide.

Runners will have access to the rest area in Vitranc Hall, Kranjska Gora, after they finish the race.

SHOWERS

There are showers and changing rooms available in Vitranc Hall, Kranjska Gora for all runners.

RANKING & AWARDS CEREMONY

The results for each race will be presented as general rankings (male and female) and as age category rankings (male and female).

Top 3 woman and men of each category and top 5 woman and men of the general ranking will be awarded at the prize ceremony. Trophies are only distributed at the prize ceremony, so the presence of the winners is mandatory. Details about prize giving ceremonies will be specified in the event's schedule.

CATEGORIES:

MEN			WOMEN		
16 - 17	40 - 44	60 - 64	16 - 17	40 - 44	60 - 64
18 - 19	45 - 49	65 - 69	18 - 19	45 - 49	65 - 69
20 - 34	50 - 54	70 - 74	20 - 34	50 - 54	70 - 74
35 - 39	55 - 59	75 - 79	35 - 39	55 - 59	75 - 79

*Age as of December 31 of the year of the event.

*Category 16-17 is only applicable for 10 km and 15 km races.

COMPLAINTS

Any complaint that involves a change in classification must be sent by e-mail to the Race Organizer, within 24 hours after the end of the event. Any other complaints must be made by e-mail to the Race Organizer, within a maximum of 10 days after the race.

Any complaint or disagreement related to registrations or in relation to the sporting management of the race and its rules (e.g. if a runner withdraws from the race) are not valid as a form of complaint.

Contact: info@trailrun.si.

EXCEPTIONAL CONDITIONS

The organizer reserves the right to modify the routes, schedule, time limits, aid station locations and any other aspect, if necessary for the smooth running of the event.

In case of bad weather conditions or any other circumstances that would endanger runners' safety, the organizer reserves the right to postpone the start of the race, modify the time limits, change the start date, modify the routes, cancel the event or stop the race in progress.

RUNNER'S COMMITMENT

Participating at Julian Alps Trail Run by UTMB implies full and unreserved acceptance of the race regulations and the document presented hereinafter, the ethics of the event and any instructions addressed by the organisation to the participants.

The principle of **running in semi-autonomy** is the rule. Julian Alps Trail Run by UTMB's races take place in a single stage, at a free pace, in the time indicated by the time barriers specific to each race. Semi-autonomy is defined as the capacity to be autonomous between two aid stations, in terms of food as well as clothing and safety equipment, with the possibility of adapting to problems which may or may not occur (bad weather, physical problems, injury...):

- Each participant must carry all mandatory equipment throughout the race. The equipment must be carried in a backpack (or similar) which cannot be changed during the race.
- Aid stations have drinks and food to be consumed on site. Runners can fill their flasks or bags with liquids with water or energy drinks. The runner must ensure that, at the exit of each aid station, he/she has enough food and drink to reach the next aid station. For the slowest runners, the longest sections without refreshments can last more than 4 hours.
- It is forbidden to be accompanied or to accept to be accompanied during all or part of the course by a non-registered person, beyond the clearly marked tolerance zones in the vicinity of the aid stations.

Details about aid stations will be outlined in the Race Guide.

Runners who participate in Julian Alps Trail Run by UTMB are familiar with the GREEN COMMITMENT OF JATR RUNNERS.

ORGANIZER'S GREEN COMMITMENT

Trail running can contribute positively to the preservation of the environment and educate the public about the need to take into account the impact of our activities on the planet. The guidelines for sustainable sports events are being taken into account in the process of organization and implementation of the event.

The organizer of Julian Alps Trail Run by UTMB implemented a SUSTAINABILITY POLICY and encourages all participants to read and accept the GREEN COMMITMENT OF JATR RUNNERS.