



## **Julian Alps Trail Run by UTMB**

### **Green Commitment of JATR runners**

We believe that trail running can make a positive contribution to the preservation of the environment and educate the public about the need to consider the impact of our activities on the planet. Our sport has a unique power to drive wider social change that prioritizes sustainable development so that the beauty of our nature can be enjoyed by future generations.

Each of us can help make the event friendly to the environment in which it takes place. With our activities we try to spread green awareness and be an example of good practice.

By registering and participating at Julian Alps Trail Run by UTMB, runners commit to:

- respect the rules of behaviour in protected areas,
- use the prescribed mandatory equipment for their own safety,
- not dispose waste, walk or run outside the marked paths, pick flowers,
- separate waste, drink water from the tap, save natural resources,
- respect wild animals,
- respect the local environment and local population,
- and encourage others to do the same.